

CONTINUING EDUCATION COMES TO TMI

by Karen Malik

Karen Malik has been a facilitator of Monroe Institute programs and of TMI's exploration of consciousness for thirty-one years. She met Bob Monroe in 1977 when assisting at the first ten-day Hemi-Sync® workshop, which was given at Feathered Pipe Ranch in Montana. She became director of the Western Division of the Institute and developed its presence on the west coast and also around the country as the national coordinator of OUTREACH® programs. She and Chris Lenz were the initial trainers when the Nancy Penn Center opened in July of 1979. Through the years, she has been instrumental in the ongoing development of the Institute's residential programs. Together with Peter Russell, Karen has created Exploration Essence, a program focusing on the deepening of one's spiritual journey and its integration with the psyche. She is currently director of development for the Institute and senior residential facilitator.

She has a master's degree in clinical psychology and is licensed in the state of California as a marriage and family therapist. She is also extensively trained in the complementary healing arts. Her work in the consciousness field is both national and international. She is on the board of and is a past president of the International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM) and is also on the board and the current president of the Cross-Cultural Studies Program (CCSP). In private practice she specializes in a transpersonal approach when working with clients.

As many of you know, I met and started working with Bob Monroe in 1977. Over the years I have watched and been part of the many phases and changes the Institute has gone through. After Laurie Monroe's death in 2006, the Institute, once again, went through a significant transition. Over these last three years, Paul Rademacher and Skip Atwater have put together a team whose mission it is to take TMI into this millennium in an innovative and creative way. I am honored to be a part of the team.

There were many projects to be implemented, and becoming a provider for continuing education (CE) hours was high on the list. We realized that many professionals attend our courses and that offering CE hours would provide a meaningful service to them and also add value to what TMI offers. As the new director of development, the project fell into my hands.

Knowing this would be a complex process, in my morning meditation I asked for guidance and "help." Within a few days of that meditation, I received a call from Carolyn Ball, who wanted to take the *GATEWAY VOYAGE*® and receive CE hours for the course. I told her that we were in the process of becoming a continuing education provider but were not there yet. She asked

how far along I was in the process. I replied that I was just beginning. Carolyn responded, “I can help you with it because I have been through the process and know how to do it.”

There was the answer to my prayers, and it hadn’t taken long at all! I am reminded again and again of how well we are guided and that all we need do is ask. That is especially true when it comes to the Institute. Carolyn and I began the long process of fulfilling the requirements for TMI to become a CE provider.

Shirley Bliley and Ann Vaughan, who serve TMI’s professional members, helped immensely. They pulled together appropriate papers presented at various conferences by professional members over the years—from the mid 1980s through the late ’90s. Those papers were extremely valuable for fulfilling the application requirements.

I am happy to announce that as of March 1, 2009, The Monroe Institute® was approved by the National Board for Certified Counselors (NBCC) as provider 6391 to offer continuing education workshops, seminars, and conferences. This means that if you are a licensed or certified counselor, psychotherapist, or marriage and family therapist, or in a related profession, and your state licensing/certifying board accepts continuing education credits approved by NBCC, you can receive CE hours by taking courses at TMI. The courses approved for CE credits and the number of hours received are:

GATEWAY VOYAGE 50 CE hours

HEARTLINE 50 CE hours

Exploration Essence 50 CE hours

Professional Seminar 12.5 CE hours*

Hemi-Sync® for Helping Professionals 14 CE hours

Also, on July 7, 2009, Atlantic University in Virginia Beach, Virginia, certified TMI and will award continuing education units (CEUs) to participants who successfully complete the residential programs listed below. Atlantic University is approved as a CEU provider by the International Association for Continuing Education and Training (IACET). Academic CEUs can be applied as college and/or continuing education credits for a number of different professions that accept CEUs approved by IACET. You can receive your CEUs by taking the following courses at TMI (one CEU is based on ten clock hours):

GATEWAY VOYAGE 6 CEUs

GUIDELINES® 5.25 CEUs

LIFELINE® 4.5 CEUs

We are in the process of obtaining continuing education credits for other professions such as massage therapy, nursing, and social work.

Carolyn Ball has since become an *OUTREACH®* facilitator specializing in trainings for professionals. She will make a presentation at TMI's Professional Seminar in March 2010. The title of her talk is "Bringing Hemi-Sync to Our Professional World."

Complete continuing education information is on the Web site.

It is important to note that each state and professional board has different requirements for receiving CE hours. Each person desiring to receive CE credits for their profession must check directly with their state to make sure it will accept CEs gained by attending TMI programs.

It is an exciting time here at TMI. The new phase we are entering into has great promise as we continue our mission to serve humanity and support the evolution of consciousness. Those of you reading this are part of that evolution and a part of the TMI family. We truly appreciate you and invite you to join us in this adventure. Bob Monroe would like that!

*The Professional Seminar is held every other year for professional members.

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